

The Cedars Primary School

Newsletter

Friday 25th September 2020

Beginning of Year

We have now been back for over three weeks and I am glad to say that the school is operating in a very similar way to how it did pre-lockdown. There have obviously been some changes to help keep all safe but the children (and adults) seem to be coping with the new safety measures very well.

I sent out a copy of the relevant parts of the school Covid-19 risk assessment before the start of term but here is a brief recap of the main changes:

- Children operating wherever possible in two main 'bubbles'
- Acorn, Hazel and Fir in one bubble
- Elm, Beech, Willow, Maple, Pine, Ash and Oak in the other bubble
- The two bubbles use separate playgrounds and equipment
- Classes use the corridor one at a time as we do not have the room for a one-way system
- Children are distanced when queueing for lunch
- Classrooms are organised with as much space as possible between desks
- Hand sanitizer points added at all entrances/exits to school
- Children encouraged to wash or sanitize hands at transitions during the day

More information regarding the symptoms of Covid-19 in children are being emailed out with this newsletter. If you have any concerns about the schools Covid-19 measure please contact us either by email or phone.

Emails

We are still send all communications out to parents via email so that there is less possibility of spreading Covid-19 through books or letters going home. Home school communication continue to be being completed via email and we have dedicated email addresses set up for each class now. If you need to contact your child's class team you can email the following:

acornclass@cedars.hounslow.sch.uk
hazelclass@cedars.hounslow.sch.uk
firclass@cedars.hounslow.sch.uk
elmclass@cedars.hounslow.sch.uk
beechclass@cedars.hounslow.sch.uk
willowclass@cedars.hounslow.sch.uk
mapleclass@cedars.hounslow.sch.uk
pineclass@cedars.hounslow.sch.uk
ashclass@cedars.hounslow.sch.uk
oakclass@cedars.hounslow.sch.uk

Family Group

I'm happy to be able to announce a new venture for The Cedars—a parents and carers 'Family Group'. We will be working with School and Family Works to host the group, hopefully starting after half term.

The group will be led by a professional from School and Family Works and members of the school staff. Please look at the next page of the newsletter for more information.



FAMILY GROUP

About Family Group

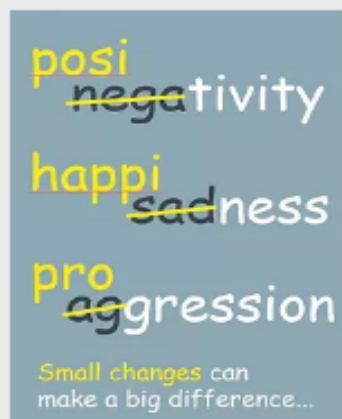
Family Group helps children who are struggling at school and supports them to reach their full potential.

In Family Group, parents/carers come into school each week to work together with their children. We talk, play, listen, have fun, and work on change. Families help families, sharing ideas, sorting problems and learning from each other.

Families can come to the group for as long as they want and they find that week by week, little by little, small steps lead to big changes.

Family Group was set up by The School and Family Works; a team of experienced, fully qualified, practical therapists passionate about helping children and their families.

Family Groups are currently running in ten schools across Greater London.



Find out more by either phoning/emailing the school or visit www.sfwfamilygroup.org

Thoughts on Family Group

Parent

I would recommend this group to anyone that has a child or children with a behaviour problem. It really helps them. It has really, really helped me and my family.

”

Child

What's made it work? Telling people what our problems are instead of leaving them behind and making it worse. You tell someone what your problems are and they get solved. We help other people by telling them stuff they can do. You learn about yourself.

”

Parent

I cannot express well enough in words how much good it has done me, sharing wisdom, companionship, experiences, strategies, grief, fears and laughs in such a close, open, honest, nurturing and safe environment.

”



Test and Trace

23 September 2020

Dear parents and guardians,

This is an important letter to share some information on how we can work together to make sure we can continue to give children and young people the best education in the safest way possible.

One important part of ensuring the safety and wellbeing of pupils, parents and our communities is testing for coronavirus. We all have a duty to make sure that the right people have access to get tested at the right time. Every time a test is used inappropriately, a person with Covid-19 symptoms may miss out on getting tested.

Therefore, I ask that you all follow these principles:

- You should only book a test if your child has any of these three coronavirus symptoms:
 1. **a high temperature:** any new high temperature where your child feels hot to touch on their chest or back (you do not need to measure the temperature)
 2. **a new continuous cough:** coughing a lot for more than an hour, or three or more coughing episodes in 24 hours
 3. **a loss of, or change in, sense of smell or taste:** a noticeable loss of smell or taste or things smell and taste different to normal
- Your child **does not need a test** if they have a runny nose, are sneezing or feeling unwell but do not have a temperature, cough or loss of, or change in, sense of smell or taste because these are not normally symptoms of coronavirus.
- If you are unsure about whether to get a test, please check the official list of symptoms on the NHS website, which is reviewed regularly:
www.nhs.uk/conditions/coronavirus-covid-19/symptoms/
- Only the person with symptoms should get a test. You do not need to get a test for anyone else in the household unless they also have any of the three symptoms listed above. All members of the household need to self-isolate whilst waiting for the test result.

- If the person with symptoms' test comes back positive, other members of their household should continue self-isolating for 14 days and **only get a test if they develop coronavirus symptoms.**
- If a pupil in a class or bubble tests positive for coronavirus, anyone who is advised to self-isolate **does not require a test unless they subsequently develop symptoms.**

No one else in the same class or bubble as the symptomatic person needs to take any action unless advised by the school. Schools have detailed guidance and access to a Department for Education and Public Health England helpline for advice and support.

Contacts of a person who has tested positive must follow the guidance carefully and in full, which means they must stay at home for 14 days. This is because it can take several days following contact with an infected person before an individual develops symptoms or the virus can be detected. Students should only book a test if they get symptoms.

The NHS has produced some guidance to help parents understand when their child can and cannot attend school which you may find useful: <https://www.nhs.uk/live-well/healthy-body/is-my-child-too-ill-for-school/>

It is vital for children's learning and future opportunities that they are able to return to school and college. It is therefore vitally important that all we work together and do our bit to make this possible.

Yours sincerely,



Professor Viv Bennett CBE

Chief Nurse and Director Maternity and
Early Years | Public Health England

Head of World Health Organisation
Collaborating Centre for Public Health
Nursing and Midwifery

Follow me on Twitter: @VivJBennett



Dr Susan Hopkins

Interim Chief Medical Officer |
NHS Test & Trace

Deputy Director | Public Health England

Consultant in Infectious Diseases &
Microbiology
Royal Free, London



If your child has:
a high temperature
a new, continuous cough, or
a loss of, or change in, sense of
smell or taste

This could be a sign of
coronavirus

Book a test

If your child has:
a runny nose, is sneezing or
feeling unwell

But they don't have:
a high temperature
a new, continuous cough, or
a loss of, or change in,
sense of smell or taste

These are
not normally symptoms of
coronavirus

Seek advice from a pharmacy, dial
111 or see your GP