

The Cedars Primary School

Newsletter

Thursday 28th January 2021

Covid-19 Update

I attended an update regarding the spread of Covid-19 in Hounslow earlier this week. Whilst the information is slightly better, the borough is still very much in danger due to the number of cases spreading in the community.

The message from Kelly O'Neill was still the same—'stay at home unless you really need to go out for essential supplies or exercise'.

Please do not arrange play dates or meet other families in the park, both of these can lead to Covid-19 cases spreading rapidly between schools.

Children may experience relatively mild symptoms if they develop Covid-19 but one of our children have been really unwell when they have contracted Covid-19.

Reminder

Do not send your child in to school if they or anyone in your household has any of the symptoms listed below:

- A high temperature
- A new persistent cough
- A loss or change in your sense of taste or smell

Do not send your child in to school if anyone in your household tests positive for Covid-19.



NATIONAL LOCKDOWN

STAY AT HOME

THE NEW STRAIN OF CORONAVIRUS IS SPREADING FAST.
WE ALL NEED TO PLAY OUR PART TO STOP THE SPREAD.

MEETING OTHERS

You cannot leave your home to meet socially with anyone, except with your household or support bubble (if eligible to form one).

BARS, PUBS AND RESTAURANTS

Hospitality closed aside from sales by takeaway (until 11pm), click-and-collect, drive-through or delivery.

EDUCATION

Early years settings open. Primary and secondary schools and colleges move to remote provision except for vulnerable children and children of critical workers.

LEAVING HOME

You must not leave, or be outside of your home or garden, except for a very limited set of exemptions e.g. shop for basic necessities, exercise, work if you cannot do so from home, or to escape risk of harm.

WEDDINGS AND FUNERALS

Funerals of up to 30 people permitted. Weddings up to 6 people in exceptional circumstances. Wakes and other linked ceremonial events up to 6.

PLACES OF WORSHIP

Places of worship can remain open and communal worship is permitted, but you must not mix with those outside your household or support bubble.

ACCOMMODATION

Closed, with limited exceptions.

PERSONAL CARE

Closed.

LEISURE AND SPORTING FACILITIES

Closed, with limited exceptions.

OVERNIGHT STAYS

You must not stay overnight away from home. Limited exceptions apply e.g. to stay with your support bubble.

ENTERTAINMENT

Closed.

WORK AND BUSINESS

Everyone must work from home unless they are unable to do so.

RETAIL

Essential shops can open. Non-essential retail must close and can only run click-and-collect and delivery.

CLINICALLY EXTREMELY VULNERABLE

Shielding reintroduced across England. You should not travel to work, school, college or university and should limit the time you spend outside the home. You should only go out for medical appointments, exercise or if it is essential.

CARE HOME VISITS

Visits can take place with arrangements such as substantial screens, visiting pods, or behind windows. Close-contact indoor visits are not allowed. No visits will be permitted in the event of an outbreak but end of life visits permitted.

EXERCISE

You may exercise on your own, with your household or support bubble, or with one person from another household (when on your own).

TRAVELLING

You must stay at home. If you do leave home for a very limited set of exemptions, you should stay local in the village, town, or part of the city where you live where possible.

**STAY HOME
PROTECT THE NHS
SAVE LIVES**

For more information visit [Hounslow.gov.uk/coronavirus](https://hounslow.gov.uk/coronavirus)

APPROXIMATELY **1 IN 3** PEOPLE WITH COVID-19 HAVE NO SYMPTOMS.

You could be spreading it without realising it.
Get tested to protect your loved ones.

Visit **hounslow.gov.uk/rapidtest**

More than 4,000 Hounslow residents have now had a rapid test and we're opening a new test site at Staines Rugby Club to make access even easier for everyone.

Around 1 in 3 people with COVID-19 have no symptoms but can still unknowingly infect other people. If you do not have COVID-19 symptoms, make sure you are getting tested regularly.

Rapid testing is available for anyone over the age of 18, who still needs to go out for work and who needs **FREE, QUICK** and **REGULAR** testing.

You can now get a rapid test at:

- **Hounslow House**
- **Heston Library**
- **Isleworth Library**

Simply drop-in at a time that suits you between 8am-4pm, seven days a week, or [book an appointment online](#) or call 0207 084 9697.

Pre-booked appointments ONLY are available at: **Staines Rugby Club** (from Wednesday 27 January onwards).

All sites are dedicated to rapid COVID-19 tests and are therefore not operating their regular services under Government guidelines.

You can also find out more about the work of our new mobile testing units by following us on [Twitter](#), [LinkedIn](#) and [Facebook](#).

HELP SAVE LIVES IN HOUNSLOW

Become a COVID-19 Vaccination Marshall volunteer

We have started vaccinating residents in Hounslow against COVID-19 and we are looking for volunteers to support our Vaccination Centres so that we can vaccinate residents as quickly as possible.

Volunteers will assist with marshalling patients at the Vaccination Centres, organising parking and performing simple tasks including:

- Welcoming people into the Vaccination Centre
- Ensuring that patients respect guidelines regarding social distancing
- Managing the flow of people throughout the building.
- Providing patients with leaflets and written information regarding their vaccination
- Assisting with other non-clinical requests from staff

Volunteering will involve attending a Vaccination Centre and you should be prepared to comply with the usual government guidance including wearing a mask and maintaining social distancing. You must not be from a clinically extremely vulnerable group and you must be sufficiently mobile to be on your feet for the duration of your volunteering shift if required.

Volunteers must be aged 18 plus.

A DBS is not required.

- All volunteers will be trained on site by a member of NHS staff.
- Volunteers will receive a lateral flow test to check for symptoms of COVID-19 before their shift.

If you have any questions about this role please email: HOUCCG.communications@nhs.net



Government
Counter Fraud
Function

GOV.UK/coronavirus



Counter Fraud Authority

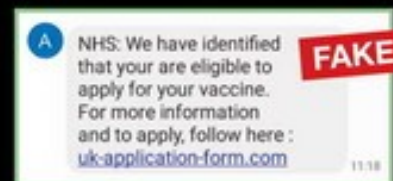
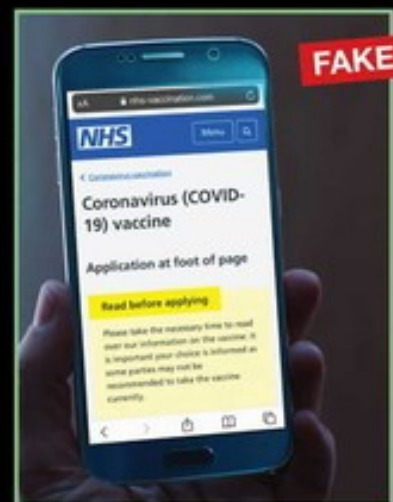
BE ALERT TO VACCINE FRAUD

Criminals are using the COVID-19 vaccine as a way to target the public by tricking them to hand over cash or financial details. They are sending convincing-looking text messages letting people know they are eligible for the vaccine or phoning people directly pretending to be from the NHS, or local pharmacy.

PEOPLE ARE WARNED TO BE ALERT TO THESE SCAMS

The **NHS** will:

- ⊗ NEVER ask for payment - the vaccine is free
- ⊗ NEVER ask for your bank details
- ⊗ NEVER arrive unannounced at your home to administer the vaccine
- ⊗ NEVER ask you to prove your identity by sending copies of personal documents such as your passport



FURTHER GUIDANCE AND SUPPORT



National Cyber
Security Centre

If you receive a call you believe to be fraudulent, hang up. If you are suspicious about an email you have received, forward it to report@phishing.gov.uk. Suspicious text messages should be forwarded to the number 7726 which is free of charge.



If you believe you have been the victim of fraud or identity theft, you should report this directly to Action Fraud either online; actionfraud.police.uk or via phone 0300 123 2040.

CrimeStoppers.

If you have any information relating to vaccine fraud you can stay 100% anonymous by contacting Crimestoppers COVID Fraud Hotline online; covidfraudhotline.org or phone 0800 587 5030.